

My courage role models

Courage role models are people we look up to because of their courage. They inspire us, in one or way or another, to become more courageous in life and work and to fearlessly move forward. These role models do not have to be famous heros, they can be also found amongst our colleagues, friends and family members.

1. Who could inspire you to become more courageous and enable you to courageously move forward in life and work?

List the name of these people:

1) How do they show courage?

2) What can you learn from them?

3) Do you have already some ideas as to where and how you could implement these findings in your life and work?

If you have any questions or need encouragement because you have reservations about integrating these sources of inspiration into your everyday life, take heart and get in touch with us. It is far easier to become courageous together ...

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